

# ARRIVE AHEAD



## ARRIVE AT UNIVERSITY READY

### FOR STUDY. FOR INDEPENDENCE. FOR LIFE.

This innovative course is designed to give students an advantage as they kickstart their university careers. Students will learn effective study and communication skills, how to manage course demands and how to deal with assessments.

Learning how to balance academic commitments with your social life is a critical aspect of a successful university experience. We will look at strategies for managing wellbeing, independent living in a new environment and adjusting to life away from home

#### Outline:

We've brought together expertise from all over the academic world to prepare students for the challenges of university life. This is an intensive, challenging course which will be delivered via a combination of online seminars, workshops and tutorials. There will be a lot of questions, but students will be encouraged to find the answers that best suit them and their circumstances. Guest speakers will include writers, academics and performers.

#### Results:

On completion of this course, students will feel confident in their ability to hit the ground running once the first semester gets underway. They will have a headstart on fellow first-year students and will avoid wasting the first month feeling like a fish out of water while trying to work out the dynamics of a new environment. They will be able to jump straight in, equipped with the study skills and the social skills they need to succeed and thrive at university.

#### CONTACT US TO ARRIVE AHEAD

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**Class sizes:** Max 6

**Weekly Hours:** 14

#### Timetable

Mon-Fri

**Tuition:** 08:30-11:00 OR 13:30 - 16:00

**Evenings:** 20:00-21:00

#### What's included?

14 hours tuition

Guest Speaker event

3 evening activities

**Price :** €225

**Dates:** June 21st - Sept 10th

**Age Group:** 16-19

**Minimum entry level:** B2

**Start Dates:** Start any Monday

**Duration:** Minimum 1 week,  
maximum 4 weeks



Erasmus+

