

## TEAM BUILDING SKILLS FOR HIGHER EDUCATION STAFF

For staff in the Higher Education sector who like to make team work an effective and dynamic part of their professional experience

Minimum English Level Required: B1 on the CEFR

**Accommodation Options:** self-catering apartment/ residence or Host family (More information)

**Dates**: Courses are scheduled regularly throughout the year (see calendar)

**Location**: Atlantic Language School, Galway Timetable: Courses run for 5 days (Monday to Friday), 20 lessons per week + optional social programme

## Price (2023):

**Tuition only**: **€455** per person, including Registration fee and end of course certificate.

Tuition + Activities: €495 per person (accommodation costs are extra)



#### **COURSE OUTLINE**

The *Team Building Skills* course is designed to assist Higher Edcuation staff to develop the team work skills required to work more effectively and productively in their departments and projects. The course will examine topics such as team development, team roles, group dynamics, and conflict management, and considers the role of team work within the culture of Higher Education. Participants will also have the opportunity to share ideas and collaborate with fellow Higher Education staff from around Europe.

# **COURSE OBJECTIVES**

Overall objectives of the mobility	. To share heat prestiges with fallow UE staff				
Added value of the mobility	The course equips participants to build positive workplace practices - to gain confidence in their ability to work effectively in a team or to build productive teams				
Activities to be carried out	<ul> <li>Interactive teaching with input sessions, individual and group work</li> <li>Exploration of tools and practices to build a team and make it operate successfully</li> <li>Work shop sessions to analyse and explore situations pertinent to the HE sector</li> <li>Cultural and heritage trips as part of a chaperoned group</li> </ul>				
Expected outcomes and impact	This course provides a professional development opportunity for participants which aims to enhance their ability to work effectively in or build a team in the HE sector. Through inbuilt dissemination activities, participants are invited to share knowledge and skills acquired with their colleagues. The opportunity to experience new cultural contexts and network with international colleagues is a further positive outcome				



The seminar programmes are delivered in Atlantic Language School in Galway on Ireland's Wild Atlantic Coast, and participants will have ample opportunity to learn about the cultural heritage of both Ireland and the local area. The week-long programme includes a professional walking tour on your first day and a half-day cultural outing later in the week.

### **CERTIFICATION**

The Organiser, Atlantic Language, will provide required documents including:

- STT invitation
- EUROPASS
- Work Plan (on request)
- Certificate of Participation and Attendance
  - CEFR level certificate (on request)

**ORGANISATION ID: E10256058** 

SAMPLE TIMETABLE					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
09:00 - 12:30	09:00 – 12:30	09:00 – 12:30	09:00 - 12:30	09:00 - 12:30	
HE TEAMS     HE team make-up     What makes teams in HE different?     Common challenges	Is your team dysfunctional? Take the test     Peer to peer learning-how would you fix these problems?	how to promote cooperation and collaborative problem solving     Individual vs group: building trust and tolerance	TEAM BUILDING     Creating exceptional teams     Tools you can use to build a high performing team	COLLABORATIVE LEADERSHIP  A new way in HE team buildingt? Participant and peer feedback Self-reflection and tutor feedback	
13:30	13:30 - 15:00	14:00	13:30 - 15:00	13:30 - 15:00	
Walking Tour of Galway (with activity package)	Asynchronous self-access	Cultural excursion (with activity package)	Asynchronous self-access	Irish culture seminar (optional)	