**ERASMUS+ COURSE FOR PRIMARY, SECONDARY, VOCATIONAL & ADULT EDUCATION STAFF** 

# EFFECTIVE STRATEGIES FOR TEACHERS OF MIGRANTS

We have designed a new course to aid Educators of students who may have experienced trauma, displacement, conflict or loss.

#### **COURSE OUTLINE**

The first week of this two-week course focuses on the unique challenges teachers of migrant students face, and how all aspects of classroom management and lesson planning need to be adapted accordingly.

The second week of the course allows participants to experience the benefits of incorporating mindfulness through practical activities which aim to create a calming environment for both learners & educators.

#### **COURSE OBJECTIVES**

#### Overall objectives of the mobility

- Share experiences with other Teachers of Migrant Students from other organisations.
- Learn Pedagogical and Practical approaches to creating inclusive classrooms.
- Develop strategies for tackling barriers when accommodating diverse learner needs, preferences and backgrounds.
- Reflect on current teaching practices and identify where new tools can be added to build safe spaces.
- Gather a portfolio of resources which fit your classroom.

#### Added value of the mobility

Explore new concepts in teaching while sharing experiences with fellow teachers.

#### Activities to be carried out

- Interactive teaching with input sessions, individual, and group work.
- Practical mindfulness activities for teachers and learners.
- Skill-focused workshops to develop teaching materials incorporating strategies to aid inclusion.
- Feedback sessions to reflect on individual teaching practices and share knowledge and skills.
- Culture and heritage trips in a chaperoned group.

#### **Expected outcomes and impact**

This course provides a professional development opportunity tailored to the needs of teachers and mentors working with students from a Refugee background. Participants will gain insights into new approaches to manage, deliver and plan lessons for learners who may struggle in a traditional classroom environment.

Through workshops, group tasks, and knowledge-sharing activities, we look at how this framework can be adapted to create lessons for a diverse range of learners. The opportunity to experience new cultural contexts and network with international colleagues is an added positive outcome.

#### **CULTURAL PROGRAMME**

The course is delivered at the Atlantic Centre of Education in Galway on Ireland's 'Wild Atlantic' Coast, and participants have ample opportunity to learn about the cultural heritage of both Ireland and the local area. The two-week programme includes a full-day cultural tour of a local area of scenic and heritage value, a guided historical walking tour of Galway City, and afternoon social and cultural activities. Our staff are happy to suggest other tours and events to enjoy during your stay in Galway.



**Suitable for:** Teachers/ Trainers of Students from a Refugee Background.

Minimum Level of English B1 (CEFR)

#### Programme Length 10 days tuition (Monday – Friday) + 1 full-day activity 25 hours per

# **Certification**Certification of Participation and Attendance

# **Documents Provided**STT Invitation letter, Europass, Work Plan (on request), Certificate



### Atlantic Centre of Education erasmus@atlantic.ac

erasmus@atlantic.ac atlanticlanguage.com Fairgreen Road, H91 AXK8, Galway

# **COURSE DATES 2025**

JAN FEB MAR	APR MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC
	5-16				1-12			
	7-18	16-27	14-25	4-15				

### SAMPLE TIMETABLE



\*SUGGESTED TIMETABLE ONLY, ACTUAL CONTENT MAY VARY

## WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
FOCUS of the DAY	Objectives and Pedagogical Framework	Language Acquisition and Inclusion	Support and Resilience	Assessment and Lesson Planning	Presentation and Feedback	
Full-Day Excursion on Wild Atlantic Way	Sharing Experiences: Understanding our Migrant Students	Practical and Social aspects : Exploring Useful Language Learning Strategies	Scaffolded Instruction: Identifying tools for Reducing Cognitive Load	Evidence of Learning: Building Repertoire of Formative Assessments	Peer presentation	
Options include;  Connemara  Aran Islands  Cliffs of Moher		<b>Safe Space:</b> Analysing Inclusive Classroom		Collaborative Lesson Planning: Integrating Effective Strategies for Migrant Learners	Feedback + Self- Assessment	
	Pedagogical Considerations: Exploring Principles of Teaching and Learning for Migrant Learners	Practices	Self- Regulation: Developing Activities to Increase Student Motivation			
Afternoon Programme	Walking Tour of Galway	Pub Night	"Skills Boost" Wednesday Workshop	Irish Culture Workshop	Communication Class	

## SAMPLE TIMETABLE

\*SUGGESTED TIMETABLE ONLY, ACTUAL CONTENT MAY VARY

11/	וח		
W			

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	FOCUS of the DAY	DEFINING	COACHING	REFLECTION	CREATIVITY	PRESENTATION & PRACTISE
Full-Day Excursion on Wild Atlantic		Establishing Intentions & Objectives	Template for Creating a GROW Project	Embracing Difficulty & Overcoming Challenges	Artistic Expression & Mindfulness	Becoming a Mindful Educator
	Way  Options include;  Connemara  Aran Islands	Demonstration of Mindful Activities/Basic Mindfulness Practices	Mindfulness Self- Assessment	Active Listening Enhancing Teamwork & Developing Compassion	Stimulating Creativity & Critical Thinking	Presenting Mindful Exercises
	Cliffs of Moher	Identification & Theory of Emotions	Reducing Stress & Increasing Focus	Resolving Conflicts	Adaptation & Depiction of Lesson Content	Peer & Trainer Feedback
	Afternoon Programme	Communication Class	Pub Night	"Skills Boost" Wednesday Workshop	Learn English through Music	Communication Class

