

ERASMUS+ COURSE PROSPECTUS

FOR **HIGHER EDUCATION** STAFF

2026

ERASMUS OID: EI0256058

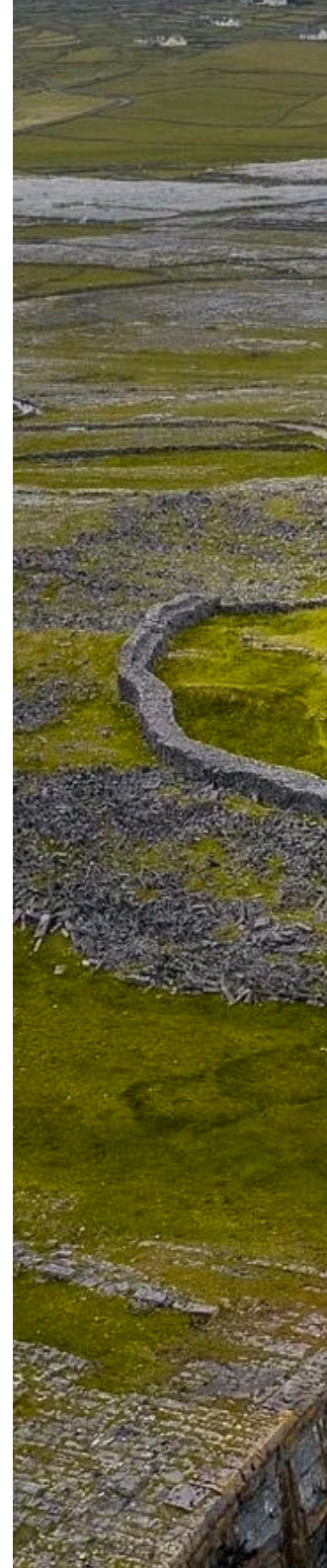
Atlantic
CENTRE OF
EDUCATION

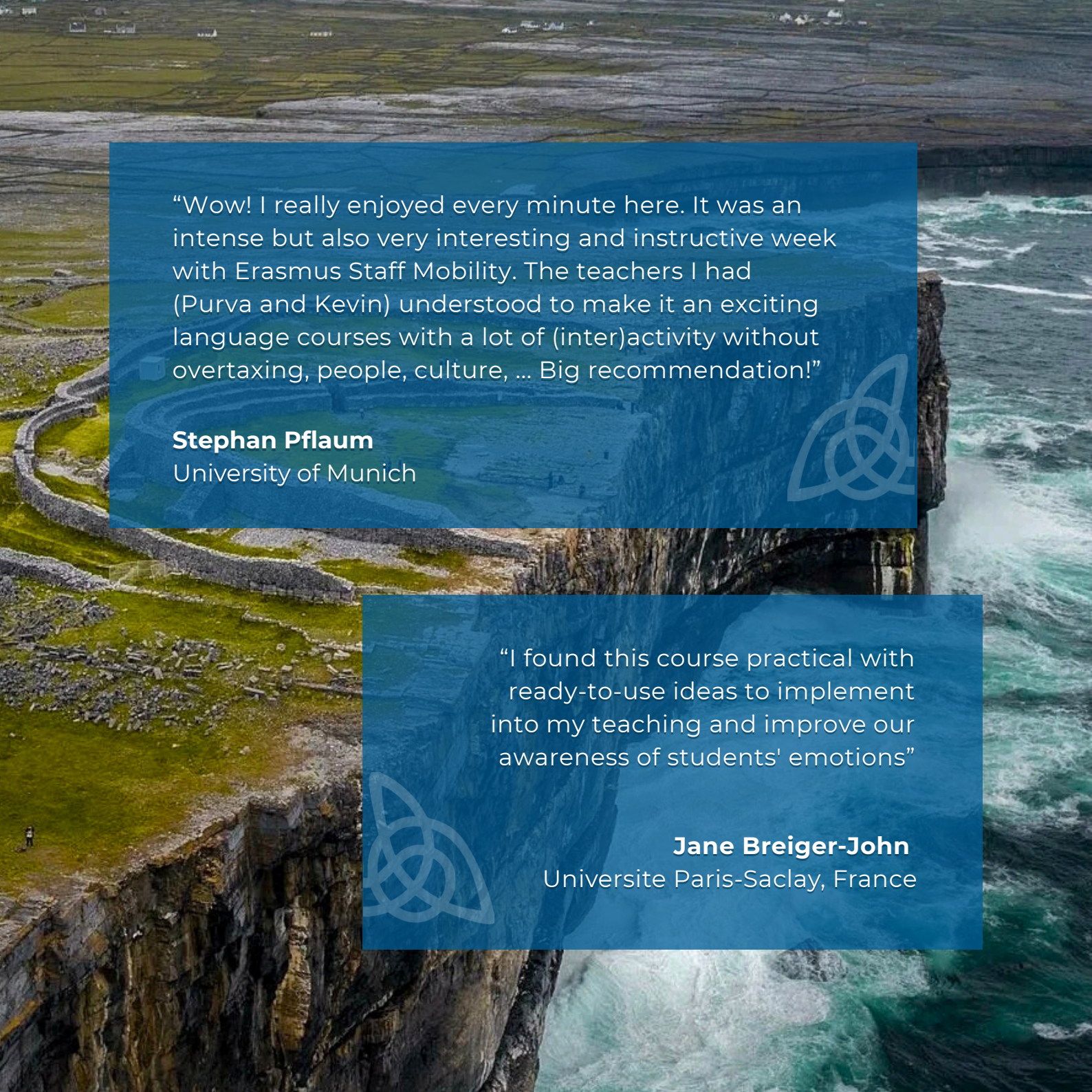
**Expand your network.
Refine your skills.**



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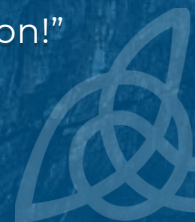
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An aerial photograph of a rugged coastline. In the foreground, a stone wall runs along a grassy area. A small figure of a person is visible on the left. The background shows a body of water with white foam from waves crashing against a rocky shore. A blue semi-transparent box is overlaid on the right side of the image, containing text and a logo.

“Wow! I really enjoyed every minute here. It was an intense but also very interesting and instructive week with Erasmus Staff Mobility. The teachers I had (Purva and Kevin) understood to make it an exciting language courses with a lot of (inter)activity without overtaxing, people, culture, ... Big recommendation!”

Stephan Pflaum
University of Munich



“I found this course practical with ready-to-use ideas to implement into my teaching and improve our awareness of students' emotions”

Jane Breiger-John
Universite Paris-Saclay, France



Language and Professional Training in the West of Ireland



Atlantic was founded in 1993 with the objective of providing premium English language education in a dynamic and supportive environment.

Since then, we have expanded our focus to specialise in providing training courses for professionals, particularly those working in the education sector, who wish to develop the skills and practical knowledge required to progress in an internationalised climate where English is the 'lingua franca'.

Situated in the heart of Galway, a vibrant cultural hub, we offer an immersive learning experience that combines academic excellence with rich cultural activities. From personalised academic support to invaluable travel advice, we provide everything you need to make your stay productive and enjoyable.

Our **mission** is to provide high-quality, accessible language and professional training courses that nurture innovation, foster cross-cultural understanding and enhance the skills of education and professional staff across Europe.

Language and Professional Training in the West of Ireland

Atlantic Centre of Education is located in Galway City on the west coast of Ireland. Based in a purpose designed school, our centre offers state of the art facilities:

- Bright classrooms equipped with smart technology
- Library + computer room
- Administrative support + Erasmus documents
- Roof-top terrace
- Student lounge
- Tea and coffee services
- Tour services
- Local discounts



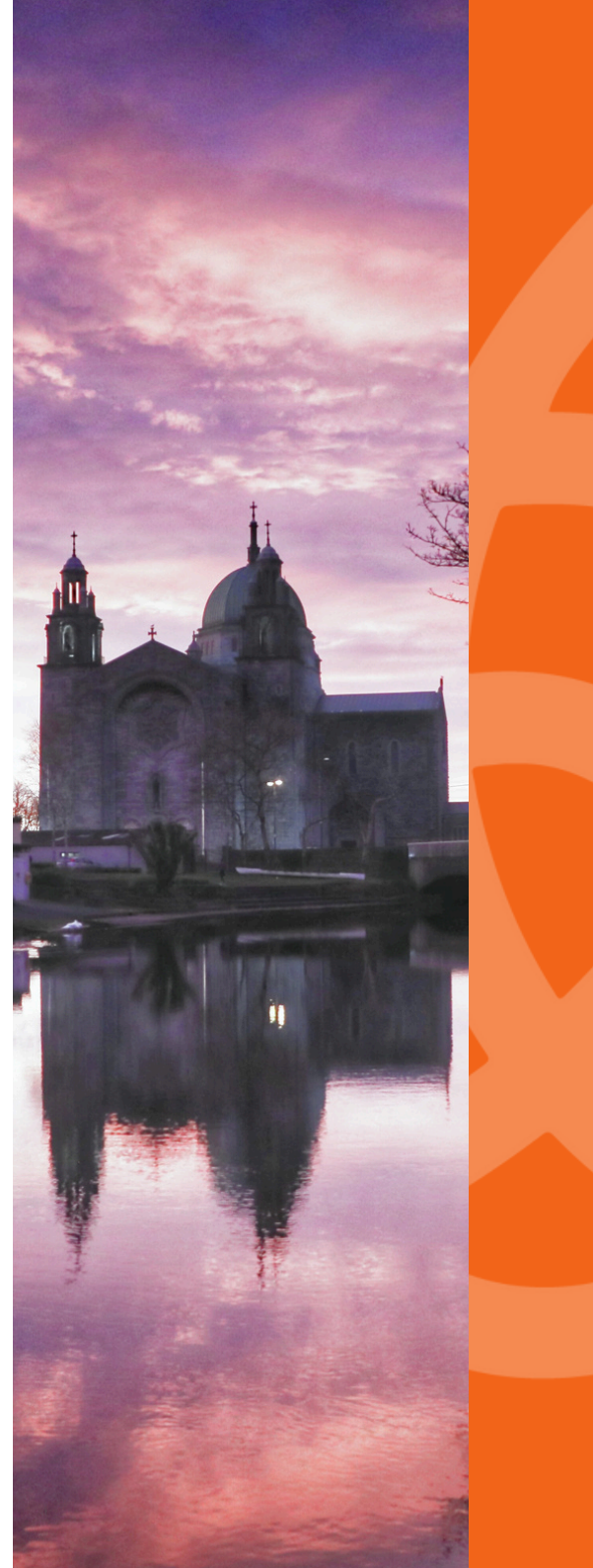
Atlantic's instructors are skilled educators who are passionate about helping you to get the most out of your training experience. Personalized feedback, one on one mentoring, and dedicated academic support are key elements of our teaching approach.

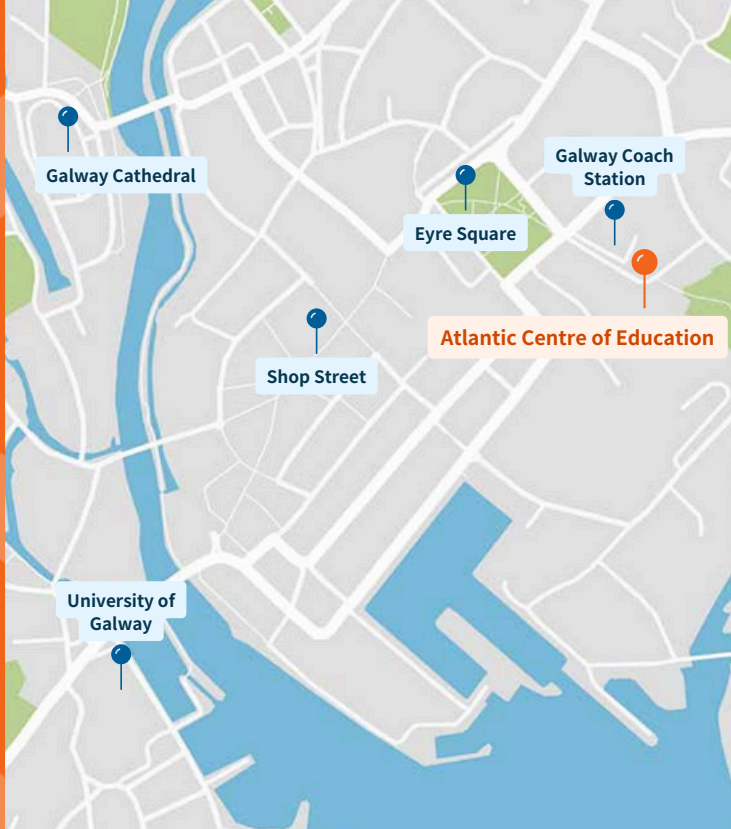
Where we are

Galway City

Attending a course in Galway is about more than just studying; it's about encountering a new culture and enjoying a rich visitor experience. Outside the classroom, there is a lot to explore. Voted one of the top cities in the world to visit by Lonely Planet Guides, Galway is a lively and charming city on the west coast of Ireland. Its narrow medieval streets are full of musicians and lined with traditional pubs and cosy cafes.

Home to some of Ireland's best loved Arts Festivals, Galway is a centre of culture, offering a rich and unique environment for your studies. As part of your course, you can enjoy an excursion to one of the lovely destinations on the Wild Atlantic Way – the Aran Islands, the Cliffs of Moher, or Connemara. In the afternoons and evenings, there are many activities to choose from; enjoy a traditional music session in one of Galway's pubs, try Irish dancing, cycle along the beautiful Corrib River, taste the best local gastronomy on a Food Tour or in one of Galway's many acclaimed restaurants.





How to get here

Galway is well served by three of Ireland's major airports – Dublin, Shannon and Ireland West. A regular bus service connects each of these airports with Galway city. Most of our students arrive at Dublin Airport where you can connect to Galway via a direct bus service taking 2.5/3 hours.

Where to stay

Atlantic has partnered with a wide range of accommodation providers in Galway to offer special rates for self-catering, student residence, hotel and B&B accommodation. Please contact us to request our Accommodation Partner List. Atlantic also offers a limited number of Host Family placements which can be arranged on request.



Our courses

Professional Development Training Courses

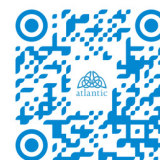
As a recognised Erasmus+ training centre, Atlantic provides a range of courses designed to meet the professional development needs of education staff. These include courses for Higher Education or university staff who are increasingly required to teach, communicate and network through the medium of English. Our courses are suitable for both academic and administrative education staff.

We also provide courses for teachers working in the secondary, vocational or adult education sectors who want to improve their English language skills, refresh their language teaching techniques, or explore new approaches to teaching.

Erasmus+ Funding Opportunities

Participation in any of our Professional Development courses can be funded by applying through your academic institution for a grant. As the organising or receiving institution Atlantic will provide the required documents including the Staff Mobility for Training (STT) invitation, work plan and Certificate of Participation.

Atlantic Centre of Education is a [recognised Erasmus+ training centre](#).
Our Organising ID number or OID is [E10256058](#).



A scenic photograph of the Cliffs of Moher in Ireland. The image shows a vast, deep blue ocean stretching to the horizon under a soft, hazy sky at sunset or sunrise. In the foreground, a grassy cliff edge is covered with numerous small, pinkish-purple flowers. To the right, a rugged, moss-covered rock formation juts out into the sea. In the distance, a prominent sea stack stands alone in the water. The overall mood is serene and majestic.

**Working with 1000+ universities and
300+ educational organisations across Europe**

Professional Development Courses



Erasmus+ Course	For	Minimum level
Academic Writing & Presentation Skills		 B2
Lecture Effectively in English		 B1
English for the Educational Workplace		 B1
English for Professional Communication		 B2
Team Building Skills	 	 B1
Tools for Mindful Educators		 B1
CLIL in Practice		 B1
Teacher Refresher: Building Inclusive Classrooms		 B1



Academic Staff



Administrative Staff



**** Customised small group courses also available.**
Contact us to organise at any time throughout the year.

Erasmus+ Course	For	Minimum level
Job Shadowing for ESL Teachers		
English Language & Irish Culture	 	
General English Intensive (30 lessons)	 	
English for Proficiency	 	
General English Intensive (20 lessons)	 	
General English + (5 One to Ones)	 	
General English + (3 One to Ones)		

Duration: 6 days → 5 days of tuition (Monday - Friday) + 1 full-day excursion (Sunday before course)

Structure: 25 hour programme including tuition + social & cultural activities, eg. walking tour of Galway, pub networking evening, heritage visit, culture workshops

Excursion Destinations: Cliffs of Moher, Aran Islands, Connemara

Focus on the techniques and strategies needed to write or present effectively in English, paying attention to style and register, as well as structure and coherence.

COURSE OUTLINE

- If you're writing essays, research papers or reports for publication, you'll gain the tools needed to produce clear and coherent academic work.
- If you need to deliver compelling and well-structured presentations, this course will help you develop the necessary techniques to engage and inform your audience effectively.

COURSE OBJECTIVES

- Improve written competence in Academic English for both publications and presentations.
- Effective writing strategies for academic articles; increasing vocabulary, improving structure, register and style.
- Feedback on samples of your own academic writing.
- Planning and structuring a presentation – introductions, conclusions etc.
- Holding your audience's attention – verbal signals, effective transitions, handling questions.

SUITABLE FOR:

Professors, lecturers, teachers or doctoral students who need to publish or present their work in English.

MORE INFORMATION:



Do you need to lecture or teach in English to mixed international student groups? This course aims to give you essential tips for preparing and delivering engaging and effective lectures.

COURSE OUTLINE

- This course will examine different lecturing styles and consider how to structure a lecture to encourage greater student engagement.
- Topics covered include the importance of signposting and pacing, using engaging visual aids and how to employ nonverbal communication.
- Throughout you will practice key elements of English grammar and vocabulary to enhance fluency and effective delivery of information.

COURSE OBJECTIVES

- Analyse techniques to encourage greater student participation
- Incorporate small and large group teaching strategies
- Enhance your presentation skills for lecturing
- Recognize key language elements that will aid fluency and coherence

SUITABLE FOR:

Professors, lecturers, teachers or doctoral students – who lecture through English to international student groups.

MORE INFORMATION:



For intermediate English learners, a course designed to help you to use English in your workplace - writing emails, interacting with colleagues and students, making presentations, and finding the right language for professional situations.

COURSE OUTLINE

- An intensive professional training course for learners with a B1 level of English. It aims to help participants effectively manage day-to-day interactions requiring English language skills. You will gain skills to communicate with peers, students, managers and external stakeholders with confidence and accuracy.

COURSE OBJECTIVES


- To enhance the English language skills needed to operate effectively in an internationalized educational working environment.
- To practice communication skills such as writing emails and reports, giving presentations, and speaking on the phone.
- To develop fluency through discussions and role play.
- To enable a better understanding of English usage in different professional contexts.

SUITABLE FOR:

Administrators, educators, and other professionals who need English to deal with business partners and colleagues in a day-to-day capacity.

MORE INFORMATION:





"Participating in the course allowed me to acquire knowledge of new teaching methods, which I will certainly use in the teaching process during my classes. The methods I have learned will allow me to activate students during classes. It was important to meet people from other countries and exchange experiences in the field of good teaching practices."

Ewa Korzeniewska

Lodz University of Technology, Poland



A course for upper intermediate English learners focusing on the communication skills required for professional interactions in an education context – how to write or present reports, how to find the right register in emails, how to use small talk effectively.

COURSE OUTLINE

- A course designed to develop your ability to communicate effectively through English in the international workplace.
- Modules on writing emails, conducting meetings and preparing presentations will help you to confidently network through English across various media with international colleagues, teams or clients.
- Working collaboratively with a range of resources, our experienced trainers aim to give your renewed confidence using English in your professional life.

COURSE OBJECTIVES

- To enhance the English language knowledge required for accuracy in different professional contexts.
- To practice the communication and interpersonal skills required to develop effective professional relationships.
- To become familiar with the English usage required for communication through different media.

MORE INFORMATION:

SUITABLE FOR:

Administrators, educators, and other professionals who need English to deal with business partners and colleagues in a day-to-day capacity.



Explore strategies for building more cohesive, inclusive, and productive teams in education.

COURSE OUTLINE

- This course is designed to assist staff, particularly in education contexts, to develop the teamwork skills required to work more effectively and productively in their departments and projects.
- Examines topics such as team development, team roles, group dynamics, and conflict management and considers the role of teamwork within all kinds of administrative structures.
- Participants also have the opportunity to share ideas and collaborate with fellow staff from around Europe while enjoying Irish culture in one of Ireland's most vibrant cities

COURSE OBJECTIVES

- To explore how to develop team building skills in an education context.
- To gain practical ideas and tools which can assist participants to create and manage teams effectively.
- To share best practices with fellow staff.

SUITABLE FOR:

Administrators, managers, principals and teaching staff working in the education sector.

MORE INFORMATION:



Learn the foundations of mindfulness as applied to education and explore how it can improve wellbeing and foster critical thinking, performance, creativity, and empathy.

COURSE OUTLINE

- Mindfulness is known to improve wellbeing and can foster critical thinking, performance, creativity, and empathy - valuable life skills which can be transferred to our professional lives.
- This course aims to give the participant a basic foundation in the practice of mindfulness in an education context.
- The participant will also develop their emotional intelligence and become more emotionally competent both on an intrapersonal and interpersonal level, enhancing performance and improving relationships.

COURSE OBJECTIVES


- To learn the basic theory behind emotional intelligence and mindfulness.
- To acquire fundamental practical skills to bring that theory into life in your professional life.
- Using theories of mindfulness to aid students with problem solving
- Develop mindful lessons and daily tasks that can be adapted to your teaching practice

SUITABLE FOR:

Academic or Administrative staff who wish to incorporate the benefits of mindful activities into their classrooms, teams, work environments or personal and professional life.

MORE INFORMATION:





"It was raining outside, but once we entered the school everything changed, the atmosphere was very welcoming and bright, everyone was smiling and we were welcomed very warmly, as if the sun itself "appeared" in the building!

The group I was assigned to for the classes was very open to getting to know each other and the Professor created a pleasant, magical environment where we felt like a big family and could talk freely. "

Niculae Catalina

Corvinus School of Management, Hungary



Explore and develop useful activities that will help you to put CLIL into action in your classroom.

COURSE OUTLINE

- This course aims to develop teachers' knowledge of CLIL (Content and Language Integrated Learning) showing how this method can be used to introduce new languages through specific course content.
- A highly practical course useful to any teacher who faces the challenge of teaching their subject in a language which is not their students' mother tongue.
- Participants will be introduced to a range of CLIL resources and aids, and will learn how to develop attractive material that can be adapted to their subject teaching.

COURSE OBJECTIVES

- Provide an overview of the principles of CLIL teaching and your role in it as a teacher
- Discover how to implement and expand CLIL in your teaching context
- Analyse a teaching methodology which will allow you to integrate subject and language learning
- Focus on actual activities and practices you can implement in your classroom
- Refresh and develop your English language fluency, accuracy and communication skills

SUITABLE FOR:

Secondary/ Vocational + Adult Education Teachers.

MORE INFORMATION:



Explore strategies and approaches to help you create a more inclusive and creative learning environment in your classroom.

COURSE OUTLINE

- A course designed for teachers looking for new ways to engage all learners and create inclusivity in their classrooms. Theories of 'Social and Emotional Learning' and 'Universal Design Learning' offer exciting new ways to tackle the challenge of engaging diverse learners.
- Explore how teachers can adapt these approaches to create collaborative, creative and inclusive classrooms.
- Through workshops, group tasks, and knowledge-sharing activities, we look at how these tools can help create lessons for a diverse range of learners.

COURSE OBJECTIVES

- Learn practical approaches to creating inclusive classrooms.
- Share experiences with other teachers on success and challenges.
- Reflect on strategies for learner engagement.
- Create and gather materials to fit your classroom.

SUITABLE FOR:

Teachers working in Secondary, Vocational or Adult Education

MORE INFORMATION:



Refresh your English language teaching skills through focused observation sessions and development workshops

COURSE OUTLINE

- This course is designed to help English language teachers develop their skills by experiencing a range of methodologies in action.
- By observing our trainers in the classroom, participants will have the opportunity to analyse new practices and approaches.
- In follow-up workshops, participants are invited to discuss what they have seen and to explore ways of enhancing their own teaching skills.
- The course will provide an overview of the latest methodologies in teaching languages, explore new materials, and discuss how to make creativity a cornerstone of your teaching practice.
- You will work on some lesson materials personalised to your own teaching context, which will be presented at the end of the week.

COURSE OBJECTIVES


- Work with an Atlantic Senior Teacher Trainer to enhance your knowledge of current language teaching methodologies.
- Engage with other teachers from all over Europe, share experiences of language teaching, gain fresh insights, and make new connections.
- Observe classes for Atlantic Centre of Education and learn about the strategies our teachers use for language learners.
- Gather a bank of resources to aid you with engaging learners from all backgrounds.

SUITABLE FOR:

Teachers of English working in the secondary, vocational and adult education sectors

MORE INFORMATION:



A sailboat with red sails is on a body of water. The sails have the text "MC HUGH" on them. The boat is reflected in the water. A blue overlay is on the right side of the image, containing text and a logo.

"Participating in the course allowed me to acquire knowledge of new teaching methods, which I will certainly use in the teaching process during my classes. The methods I have learned will allow me to activate students during classes. It was important to meet people from other countries and exchange experiences in the field of good teaching practices."

Ewa Korzeniewska

Lodz University of Technology, Poland



Discover more about Ireland while improving your English language skills in Galway, situated on the Wild Atlantic Way. With this course you can develop your confidence in English while also learning about Irish culture and society.

COURSE OUTLINE

- English Language and Irish Culture will help you to build confidence in reading, writing, and speaking in English while gaining knowledge about a new culture.
- This course blends content driven lessons with language to develop communication skills with others on the topic of their country's culture and traditions.
- Participants will examine key aspects of life in Ireland through presentations, tasks, research, songs and interaction with local people and the unique culture of this area in the West of Ireland.

COURSE OBJECTIVES

- To gain an understanding of Irish Culture, Traditions and Contemporary Life in Ireland.
- To enhance communication skills to interact effectively with English Speakers.
- To explore aspects of the culture that interest you.
- To deepen your knowledge & understanding of this topic with the view to presenting to or teaching others.

SUITABLE FOR:

All staff working in the education sector, secondary and higher education, including both administrative and teaching staff.

MORE INFORMATION:



Improve your English language skills with this comprehensive course which is available at 5 levels from A2 to C1. Develop understanding, fluency and core communication skills, building your confidence in using English.

COURSE OUTLINE

- This course gives participants the opportunity to develop all their language skills – reading, writing, listening and speaking - with intensive immersion in dynamic international classes.
- Mornings are dedicated to working on grammar and building vocabulary through interactive tasks and discussions
- Afternoon workshops focus on developing fluency through conversation and cultural activity.

COURSE OBJECTIVES

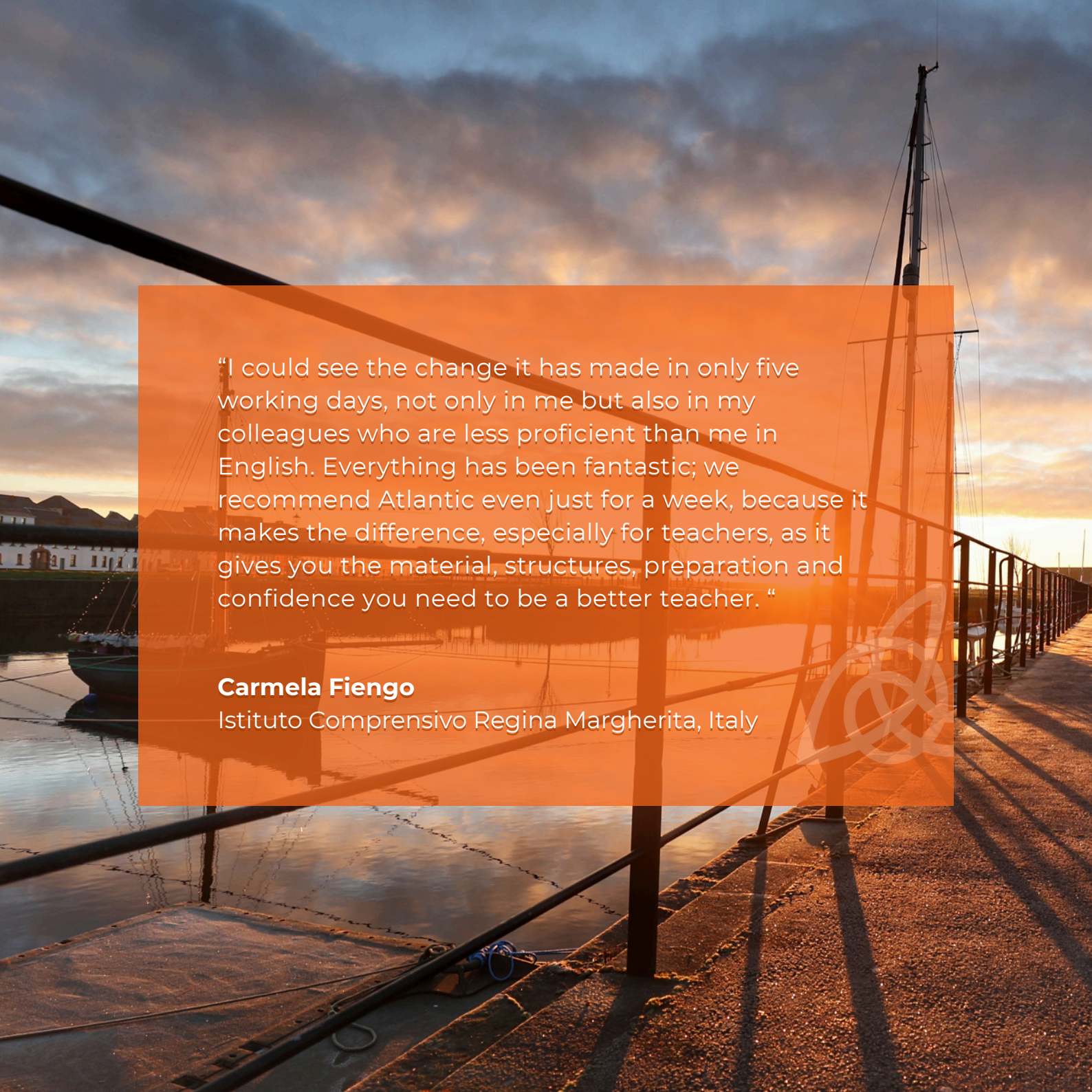
- Gain confidence in communicating with step-by-step guidance from an experienced teacher.
- Increase your vocabulary and knowledge of how English is used and spoken by native speakers.
- Ask questions about grammar, vocabulary and get advice on improving your listening & speaking skills
- Learn about Irish Culture and share information about your region with your classmates.

SUITABLE FOR:

All professionals who would like to improve their English language skills and connect with others while experiencing the unique culture of the west of Ireland.

MORE INFORMATION:





“I could see the change it has made in only five working days, not only in me but also in my colleagues who are less proficient than me in English. Everything has been fantastic; we recommend Atlantic even just for a week, because it makes the difference, especially for teachers, as it gives you the material, structures, preparation and confidence you need to be a better teacher. “

Carmela Fiengo

Istituto Comprensivo Regina Margherita, Italy

If you already have an advanced level of English and wish to prepare for academic, professional or personal settings which require high competence in English, this is the course for you.

COURSE OUTLINE

- This course will cover advanced grammar, sophisticated vocabulary and enhanced pronunciation training along with skills for boosting Reading, Writing, Speaking and Listening skills.
- Interactive materials cover topics such as cultural nuances and idiomatic expressions used in native English-speaking countries.
- Participants will have opportunities to analyse academic articles and literature excerpts, and practise expressing themselves with ease coherence and cohesion.

COURSE OBJECTIVES

- To develop English Language skills to near native level
- Expand your range of idiomatic expression and specialist vocabulary, explore advanced grammar questions, and practise nuances of pronunciation.
- Push yourself out of your comfort zone in all the four skills.

SUITABLE FOR:

All staff who are advanced English language learners aiming to achieve proficiency in English.

MORE INFORMATION:



General English (20 lessons)

- General English (20 lessons) is a 15 hours per week foundational course which will help you to progress in all areas of the English Language: grammar, vocabulary, pronunciation, speaking, listening, reading, and writing.

General English + 5 One to Ones **OR** General English + 3 One to Ones

- Combine group General English classes in the morning and private one-to-one tuition with an Atlantic teacher in the afternoon. Choose the combination which suits you – Group Class + **5 One to Ones** or Group Class + **3 One to Ones**.
- Individual classes give you focused time to concentrate on the skills you need to improve, while group sessions provide lots of opportunity to practice communicating with classmates.




General English + 5 Business One to Ones

- Combine group General English classes in the morning and private one-to-one Business English tuition with an Atlantic teacher in the afternoon.
- Individual classes allow you to concentrate on the key areas of Business language and communication which are important to you.
- Our trainers will work with you to design classes to suit your professional needs – whether you are preparing for an important work event, building a specialist vocabulary, or simply hoping to improve your general Business English knowledge.



SUITABLE FOR:

Anyone who wishes to develop and improve their English language knowledge and fluency.



“It was a mind-blowing experience. Even though I knew some of the theories, I still gained a lot of useful information and tips. Moreover, our excellent teacher was able to cater for various students in an elegant and efficient manner.”

Iva Struzkova

Charles University, Czech Republic



Join us in Atlantic

We invite you to join the Atlantic community and take the first step toward achieving your goals.

Whether you're looking to:

- advance your career
- improve your English proficiency
- experience a new culture

We have the perfect course for you!

Check out the QR code below to find out more or email us at **contact@atlantic.ac**



www.atlanticlanguage.com






Atlantic

CENTRE OF EDUCATION

contact@atlantic.ac

European
School
Education
Platform

Making English
Ireland

 Erasmus+



 Green
Schools

 BILDUNGS
URLAUB

 EPALE



Printed on Recycled Paper

Hi, I'm an eco-friendly brochure.

When you no longer require my services, please dispose of me in a way
that's good for the environment following the local community's recycling guidelines.

Thanks a million!

Who knows, maybe one day we'll meet again